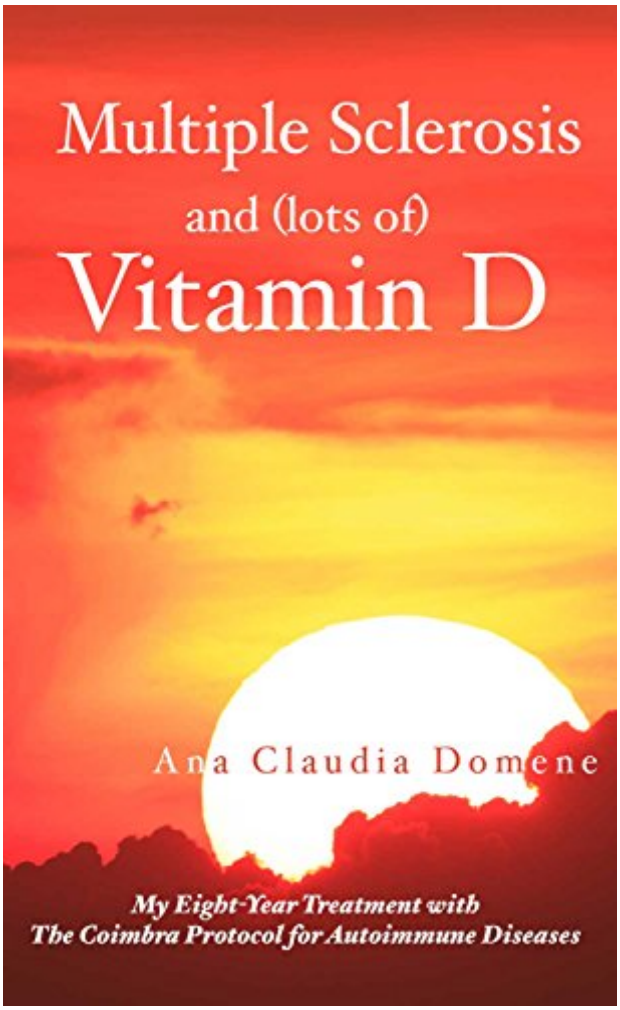
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Multiple Sclerosis And (lots Of) Vitamin D: My Eight-Year Treatment With The Coimbra Protocol For Autoimmune Diseases



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Synopsis

The Coimbra Protocol relies on doses of vitamin D that range from 40,000 IU to 200,000 IU per day.Mounting scientific evidence clearly shows that vitamin D has a powerful effect on autoimmune diseases, yet most doctors continue to prescribe no more than 1,000 IU or 2,000 IU a day to patients that suffer from such conditions. In this book, Ana Claudia Domene describes her experience with multiple sclerosis and the treatment that has radically eased her symptoms, allowed her to discontinue all conventional medications, and restored her health. Developed by Dr. Cicero Galli Coimbra, a neurologist practicing in SÃƒÂ£o Paulo, Brazil, the Coimbra Protocol is a therapeutic approach that relies on high doses of vitamin D to halt the misguided attacks of the immune system, and it has enabled thousands of patients around the world to keep their autoimmune diseases in permanent remission.

Book Information

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Customer Reviews

As a vitamin D and health advocate, I ordered a copy of "Multiple Sclerosis and (lots of) Vitamin D"

and devoured it upon delivery today. Author Ana Claudia Domene walks the reader through her journey with multiple sclerosis including the diagnosis, conventional treatment, and her success taking large doses (think 60,000 iu a day) of vitamin D as part of the Coimbra Protocol. Ms. Domene carefully explains the world-renown treatment plan by Brasilian neurologist Cicero Galli Coimbra, MD, PhD that includes daily vitamin D doses of up to 200,000 iu! In short, her words of success and knowledge serve as an inspiration for anyone who is touched by the potentially ravaging autoimmune disease called multiple sclerosis.

Excellent book by a patient.There are over 200 articles on MS and Vitamin D at VitaminDWikiMy comments on this excellent protocolSome doctors just prescribe 2,000 IU of vitamin D to reduce MS symptoms.Dr. Coimbra gives 40,000 to 200,000 daily to CURE MS (actually eliminate all symptoms, but must continue taking vitamin D for life)He has claimed that the very high dose Vitamin D should work with most/all auto-immune diseases. I have wondered, for 4+ years now, if very high dose Vitamin D will also work for many other diseases.Not just work, but perhaps fully treat if the disease has not progressed too far. I have wondered how many people who are able to achieve 40-60 nanograms of vitamin D in their blood are still not able to get a good level in their cells due to gene problems. That is, their vitamin D levels test as being good, but their cells are not getting the benefit.I wonder how much his success rate (80%?) would be improved if he were to add Omega-3 and Magnesium to his protocol

The book I needed. Includes well desciribed experience of dr Coimbra patients suffering from autoimmunological desieses (mostly MS) with high doses Vitamin D treatment. The book inludes recent information about the institutions (including webpage adresses) leading this kind of therapy, about internet forums of patients. I found it usefull in the procees of decisionmaking regarding to commence the treatment. Realistic, but giving lots of hope.

Great book, seriously thinking about buying a bunch of copies and putting then in the lobbies of nuerologist' officeso, to get those folks some real help

Maybe you don't have MS. Other accounts of people being treated for Psoriasis, Rheumatoid Arthritis etc. are included in the appendices for reference. The Physician list is worth the price of the book. One Dr. in Tampa does the Coimbra protocol. Or take the information to your own Dr. if they'll work with you. It's a good read.She also addresses her experience with low stomach acid being

mis-treated by conventional proton-pump-inhibitors and making her GERD worse. After a proper diagnosis and treatment - which is well described here - she is progressing without the drugs. Dr. Walters, Scottsdale, AZ made all the difference.

My sister has MS and the treatment withVitamin D works. She doesn't use interferon anymore and after 2 years without any flare from the disease. The diet is dificult because you can't eat any source of calcium (milk, dairy, ice-cream, cheese, enriched calcium processed foods). But I think that worth it.

I am delighted to have foundthis treatment. This book has given me even more hope in the vitamin d treatment. Its true that alot of times it takes a few people to make a change in the world for the better of many. Dr. COIMBRA has given us back our lives!

PTL. There is a way that works and I can't wait to start it. I'm stopping Aubaggio as soon as I can and making an appointment with the clinic in Naples, Florida

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